



"Nature Journal"

AGE: All ages

DURATION: 10 minutes - can be paired with other activities after making it

GOAL: Create a journal for nature exploration and inspiration!

Description

A nature journal is quick and easy to make, and a fun way for kids to do all their activities in one place. Be sure to PROMPT the students with activities to complete in their journal - or else, the journal will be unused.

To make the journal, simply layer some printing paper, fold them in half and use one of the following methods to bind them together:

- Holepunch along the fold and secure the pages with string or pipe cleaners
- Staple the spine

*It is highly recommended that cardboard is used for the backing for a more sturdy surface.

The students can personalize their journals however they want - drawing, decorating with natural objects, etc.

Materials

- Paper
- Cardboard
- Coloring supplies
- Holepuncher
- String or Pipe cleaners
- Stapler and staples

Activities

- Nature Sketches
- Sound Mapping
- Leaf Design
 - Leaf collage
 - Leaf mosaic
 - Leaf rubbing
 - Leaf tracing
- Create a Creature
- Nature Coloring Book
 - Use a black crayon or colored pencil to do leaf tracings or leaf rubbings on each page
 - Color the pages!

